

HEALING

PHYSIOTHERAPY AND REHABILITATION

PHYSIOTHERAPY ASSESSMENT	Euro	40,00
FUNCTIONAL BANDAGE	Euro	22,00
ELECTRIC PAIN RELIEF THERAPY (IONTOPHORESIS, TENS, MAGNETO, GALVANO, FARADIC, ETC.)	Euro	11,00
NEODYMIUM YAG LASER THERAPY	Euro	30,00
NEODYMIUM YAG LASER THERAPY 10 SESSIONS	Euro	270,00
MANUAL LYMPH DRAINAGE - 30 MINUTES	Euro	35,00
MANUAL LYMPH DRAINAGE - 45 MINUTES	Euro	60,00
MAGNETOTHERAPY HIRE/DAY	Euro	8,00
LOCAL MASSAGE THERAPY	Euro	30,00
SHOCKWAVES THERAPY.....	Euro	70,00
PARAFFIN THERAPY	Euro	15,00
MUSCLE STRENGTHENING WITH EXERCISE EQUIPMENT (GYM)	Euro	10,00
NEUROMOTOR REHABILITATION - 60 MINUTES	Euro	50,00
GROUP POSTURAL REHABILITATION	Euro	15,00
INDIVIDUAL POSTURAL REHABILITATION	Euro	29,00
TRANSDERMAL INFILTRATION SYSTEM (T.I.S.)	Euro	25,00
T.E.C.A.R.	Euro	34,00
T.E.C.A.R. WITH VEHICULATION (ENDOSIT)	Euro	40,00
MANUAL AND MYOFASCIAL THERAPY - 30 MINUTES ...	Euro	32,00
MANUAL AND MYOFASCIAL THERAPY - 50 MINUTES ...	Euro	60,00
FIXED ULTRASOUND THERAPY	Euro	11,00
MASSAGE ULTRASOUND THERAPY	Euro	20,00
HORIZONTAL THERAPY	Euro	25,00
PILATES (1 HOUR GROUP)	Euro	18,00
PILATES (1 HOUR INDIVIDUAL)	Euro	60,00

Stamp duty of Euro 2.00 is payable on all bills/invoices for VAT-exempt specialist medical examinations, massages and physiotherapy and spa treatments costing over Euro 77.47.



www.termeisoladelba.it



SAN GIOVANNI SPA - ISLAND OF ELBA

Località San Giovanni - 57037 Portoferraio (LI)
Tel. +39 0565 914680 - Fax +39 0565 918791
info@termeisoladelba.it - www.termeisoladelba.it



SPA CENTRE
CURATIVE
MAY - NOVEMBER

PHYSIOTHERAPY AND
REHABILITATION
ALL YEAR ROUND

SPA CENTRE
From Monday to Friday: 8.00 - 12.30 / 16.00 - 19.00 hrs
Saturday 8.00 - 12.30 hrs
Saturday afternoon and Sundays: closed

SAN GIOVANNI SPA - ISLAND OF ELBA

SPECIALIST MEDICAL CONSULTATION

COSMETIC MEDICAL EXAMINATION	Euro 80,00
NUTRITIONIST EXAMINATION	Euro 80,00
COSMETIC SURGERY EXAMINATION	Euro 120,00
EAR, NOSE AND THROAT MEDICAL EXAMINATION	Euro 100,00
ORTHOPAEDIC SPECIALIST EXAMINATION	Euro 120,00
COMPULSORY MEDICAL EXAMINATION AND ASSISTANCE DURING TREATMENT	Euro 75,00

N.B.: where not already included, the cost of the medical examination must be added to the costs of the spa treatments and therapeutic massages.

COMPULSORY MEDICAL EXAMINATION FOR SECOND TREATMENT	Euro 35,00
WEEKLY KIT	Euro 5,00

THERAPEUTIC MASSAGE

LOCAL - 30 MINUTES	Euro 30,00
6 LOCAL MASSAGES*	Euro 174,00
12 LOCAL MASSAGES*	Euro 336,00
TOTAL BODY - 50 MINUTES	Euro 55,00
6 TOTAL BODY MASSAGES*	Euro 324,00
12 TOTAL BODY MASSAGES*	Euro 636,00
VODDER FACIAL LYMPH DRAINAGE	Euro 20,00
VODDER LYMPH DRAINAGE - 30 MINUTES	Euro 35,00
VODDER LYMPH DRAINAGE - 60 MINUTES	Euro 60,00

*Only available in combination with spa treatments and with doctor's prescription.

SPA CENTRE

SODIUM AND IODINE SALT INHALATION	Euro 10,00
SODIUM AND IODINE SALT NEBULISATION	Euro 10,00
AEROSOL	Euro 14,00
MICRONISED SPRAY	Euro 14,00
SPA SEA MUD - JACKET APPLICATION	Euro 24,00
SODIUM AND IODINE SALT SPA BATH	Euro 10,00
SODIUM AND IODINE SALT SPA HYDROMASSAGE	Euro 23,00
Enriched with Alghelba™ concentrated spa seaweed and marine plant decoction.	

BUBBLE BATH

Euro 22,00

Sodium and iodine salt spa bath + hydromassage at ½ bar + Alghelba™ concentrated spa seaweed and marine plant decoction.

“SYNERGIC” BATH

Euro 30,00

Bubble bath + powdered spa mud + micronised seaweed.

COMPLETE FACIAL-NECK SPA TREATMENT

Euro 50,00

Recommended for skins affected by acne and excess sebum secretion. Cleansing + vapozone + facial cleansing + spa mud facial mask + facial-neck massage (total duration about 60 minutes).

SPA SEQUENCES

PURIFYING /DRAINING HERBAL TEA.....

Euro 2,00

If not included in package, per day.

6 SODIUM AND IODINE SALT HYDROMASSAGES.....

Euro 125,00

Enriched with Alghelba™ spa seaweed and marine plant decoction.

“ALGHELBA” WELLBEING TREATMENT.....

Euro 70,00

Relieves fatigue and stress by helping to eliminate lactic acid, tones muscle tissue, improves the circulation, especially in the veins, and allows the skin to be nourished in depth, leaving it glowing and supple. Consists of: deep peeling with massage, and a sodium and iodine salt water hydromassage enriched with Alghelba™ concentrated spa seaweed and marine plant decoction.

FACIAL SPA TREATMENT - 3 DAYS.....

Euro 185,00

Recommended for acne and skins with excess sebum secretion. Consists of: medical check and assistance, one complete deep cleansing, 3 spa mud masks, 3 facial-neck massages.

TREATMENT FOR ARTHROSIS, ACNE, PSORIASIS AND CELLULITE - 6 DAYS

Euro 315,00

Recommended for joint, rheumatic and skin disorders. Consists of: medical check and assistance, 6 spa marine mud applications, 6 bubble baths in sodium and iodine salt water enriched with Alghelba™ concentrated seaweed and marine plant decoction, daily remineralising herbal tea.

TREATMENT FOR ARTHROSIS, ACNE, PSORIASIS AND CELLULITE - 12 DAYS

Euro 564,00

Recommended for joint, rheumatic and skin disorders. Consists of: medical check and assistance, 12 spa marine mud applications, 12 bubble baths in sodium and iodine salt water enriched with Alghelba™ concentrated seaweed and marine plant decoction, daily remineralising herbal tea.

ANTISTRESS AND ANTI-CELLULITE TREATMENT Euro 489,00
Recommended for restoring energy and balance by relieving stress. Consists of: medical check and assistance, 6 spa marine mud applications, 6 bubble baths in sodium and iodine salt water enriched with Alghelba™ concentrated seaweed and marine plant decoction, 6 personalised local daily muscle relaxation massages, remineralising herbal tea.

HEALTHY CHILD TREATMENT

Euro 200,00

Recommended for children who suffer from frequent colds. Spa water is a completely natural solution, with a decongestant effect on the mucous membranes; it encourages a correct response to external attack and improves the young patients' immune defences. Comprises: examination by ear, nose and throat consultant, tympanometry, 6 inhalation sessions, 6 sodium and iodine salt nebulisation sessions.

ADULT ANTISMOG TREATMENT (6 DAYS).....

Euro 170,00

Recommended for all chronic upper and lower respiratory tract conditions. Comprises: medical check and assistance, 6 inhalation sessions, 6 sodium and iodine salt nebulisation sessions.

ADULT ANTISMOG TREATMENT (12 DAYS).....

Euro 265,00

Recommended for all chronic upper and lower respiratory tract conditions. Comprises: medical check and assistance, 12 inhalation sessions, 12 sodium and iodine salt nebulisation sessions.

SPA TREATMENTS AVAILABLE UNDER NATIONAL HEALTH SERVICE

MUD THERAPY, BATH THERAPY*
Comprises a cycle of 12 sessions with payment of N.H.S. prescription charge only, on submission of the doctor's prescription stating “cycle of mud and bath therapy for arthrosis, non-articular rheumatism or psoriatic arthrosis / arthritis”.

INHALATION TREATMENTS
Comprises a cycle of 12 inhalation and 12 nebulisation sessions with payment of N.H.S. prescription charge only, on submission of the doctor's prescription stating “cycle of inhalation treatments for sinusitis, bronchitis, laryngitis, pharyngitis, chronic catarrhal otitis, etc.”.

*TREATMENT-COMPLETING
BUBBLE BATH (12 SESSIONS)

Euro 105,00

20% DISCOUNT ON ADDITIONAL SPA TREATMENTS